

TATAMI	11:00		17:00	18:00	18:30	19:00	19:30
PONDELOK			QUEENS OF MT SKUPINA B 17:00 - 18:00	QUEENS OF MT SKUPINA A 18:00-19:00	KING'S MUAY THAI 18:30 - 20:00	BJJ GI 19:00 - 20:30	MMA 19:30 - 21:00
UTOROK			MUAY THAI DETI 17:00 - 18:00		KING'S MT 18:30 - 20:00 BJJ NOGI 18:30 - 20:00		
STREDA			QUEENS OF MT SKUPINA B 17:00 - 18:00	QUEENS OF MT SKUPINA A 18:00-19:00	KING'S MUAY THAI 18:30 - 20:00	BJJ GI 19:00 - 20:30	
ŠTVRTOK			MUAY THAI DETI 17:00 - 18:00		KING'S MUAY THAI 18:30 - 20:00		MMA 19:30 - 21:00
PIATOK			QUEENS OF MT SKUPINA B 17:00 - 18:00	QUEENS OF MT SKUPINA A 18:00-19:00	KING'S MT SPARING 18:30 - 20:00	BJJ NO-GI 19:00 - 20:30	
SOBOTA	BJJ OPEN MAT 11:00 - 12:30						
NEDELA	MUAY THAI DETI 11:00 - 12:00						

WORKOUT / YOGA	7:00		17:00	18:00	19:00
PONDELOK	WORKOUT 7:00 - 8:00		WORKOUT 17:00 - 18:00	WORKOUT 18:00 - 19:00	YOGA 19:00 - 20:00
UTOROK	WORKOUT 7:00 - 8:00		WORKOUT 17:00 - 18:00	WORKOUT 18:00 - 19:00	
STREDA	WORKOUT 7:00 - 8:00		WORKOUT 17:00 - 18:00	WORKOUT 18:00 - 19:00	YOGA 19:00 - 20:00
ŠTVRTOK	WORKOUT 7:00 - 8:00		WORKOUT 17:00 - 18:00	WORKOUT 18:00 - 19:00	
PIATOK	WORKOUT 7:00 - 8:00		WORKOUT 17:00 - 18:00	WORKOUT 18:00 - 19:00	

Všetky tréningy sú OPEN CLASS - otvorené pre všetkých

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